CREEKSIDE’S TEACHING NOTES for Sunday, October 16, 2016

RELATIONAL INTELLIGENCE

6 Keys to Relational Health

Part 1 – Humility

Romans 12:3, 10b, 16

OUTLINE OF THE BOOK OF ROMANS

 Introduction 1:1-1:17

 Sin 1:18-3:20

 The Guilt of the Heathen Person

 The Guilt of the Moral Person

 The Guilt to the Religious Person

 The Guilt of all of Humanity

Salvation 3:21-5:21

Sanctification 6:1-8:39

Sovereignty 9:1-11:36

Service 12:1-15:13

Conclusion 5:14-16:28

HUMILITY . . .

is seeing myself the way God sees me

and seeing and serving others the way God sees and serves me.

… Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you.

Romans 12:3

Honor one another above yourselves.

Romans 12:10b

Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited.

Romans 12:16

WHY PURSUE HUMILITY?

1. GOD IS HUMBLE:

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

Matthew 11:28-29

In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage;rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!

Philippians 2:5-8

For this is what the high and exalted One says— he who lives forever, whose name is holy: “I live in a high and holy place, but also with the one who is contrite and lowly in spirit, to revive the spirit of the lowly and to revive the heart of the contrite.

Isaiah 57:15

2. HUMILITY BRINGS PERSONAL BLESSINGS:

Humility . . .

• Enables Acceptance

• Eliminates Judgmentalism

• Reduces Pride

• Cultivates Contentment

• Purges the drive to Impress

• Positions us to Learn and Grow (Psalm 25:9)

3. HUMILITY ENABLES RELATIONAL HEALTH:

• Humility is Attractive

Now Moses was a very humble man, more humble than anyone else on the face of the earth.

Numbers 12:3

• Humility is Essential (Philippians 2:3-11)

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

Philippians 2:3-4

A Prayer for Humility . . .

By Merry del Val. (edited)

"Lord Jesus, meek and humble of heart, hear me.

From the desire of being esteemed, deliver me, O Jesus.
From the desire of being honored, deliver me, O Jesus.
From the desire of being praised, deliver me, O Jesus.
From the desire of being preferred to others, deliver me, O Jesus.
From the fear of being humiliated, deliver me, O Jesus.
From the fear of being despised, deliver me, O Jesus.
From the fear of suffering rebukes, deliver me, O Jesus.
From the fear of being forgotten, deliver me, O Jesus.
From the fear of being ridiculed, deliver me, O Jesus.
From the fear of being wronged, deliver me, O Jesus.
That others may be esteemed more than I,

Lord Jesus, grant me the grace to desire it.
That in the opinion of the world, others may increase and I may decrease,

Lord Jesus, grant me the grace to desire it.
That others may be praised and I unnoticed,

 Lord Jesus, grant me the grace to desire it.
That others may be preferred to me in everything,

Lord Jesus, grant me the grace to desire it.
 Amen."